

Cas Cabo Nou
A g r o t u r i s m e
Adults Only



Yoga & Reiki



Yoga sessions are free for guests and take place on Saturdays at 08:30 AM, in the pool area.

Private yoga classes

1-2 people · 60 €

From 3 people · 20 € per person

Yoga & Pilates · 1 h · 60 €

Personalized session to reconnect with the body, calm the mind, and enjoy the surroundings.

Yoga & Reiki · 1 h 30 min · 76 €

Combination of a yoga practice and 30 minutes of Reiki to balance body and emotions.

Kundalini Reiki · 1 h · 76 €

Energy therapy that promotes deep relaxation and helps release emotional blockages.

Cas Cabo Nou
A g r o t u r i s m e
Adults Only

Book your wellness moment

Cristina: +34 628 753 140